



Leg Press | PPL-160

- Center pivot and front loading for superior biomechanics and balanced weight distribution throughout the range of motion.
- Pivoting foot plate maintains correct foot positioning from start to finish.
- Unique pre-stretch control handle allows low impact take-off start position while maximum full range when performing the exercises.
- Adjustable seat carriage sliding on two 1-1/2" guide rails fitted with self-aligning linear bearing system with multiple angle back support adjustments.
- Main frame structures are 2"x3" 11-gauge rectangular tubular steel, maintenance free 2" sealed roller bearings on all primary pivots.
- Starting weight is approx. 50 lbs. at press plate.
- 14-inch length weight prongs (Olympic plates)/Weight capacity: 800 lbs.
- Standard Wrinkle Black finish with Charcoal Texture accent, double-stitched Black premium upholstery that is antimicrobial, abrasion/stain resistant and fire retardant.

Ht: 52 in/132 cm
Wt: 437 lb/198 kg

NOTE: Dimensions are rounded to the nearest inch and centimeter



Point camera
and tap on code

